



# TAVERHAM HALL

## Preparatory School

### **PSHE Policy**

At Taverham Hall School in Personal, Social and Health Education, we aim to start-and regularly build on-the process of giving pupils the knowledge, skills and understanding they require to lead confident, healthy and independent lives.

We feel that PSHE is an essential part of the school curriculum as the school aims at enabling the children to develop as responsible citizens. We also believe that children's learning is accentuated in an environment where they feel emotionally and physically secure.

In PSHE, we encourage pupils to:

- Take part in a wide range of activities and experiences across and beyond the curriculum contributing fully to the life of the school and the local and wider community.
- Recognise their own worth, work well with others and become increasingly independent and investigative learners.
- Reflect on their experiences and understand how they are developing personally and socially.
- Learn about many of the spiritual, moral, social and cultural issues that are part of their growing up.
- Use PSHE to build up positive working relationships between children and staff and reinforce the fact that all members of our school family are valued as individuals.
- Understand how to become responsible and caring members of the community
- Understand how to keep themselves safe.
- Take a pride in themselves and their school community.
- Have independence of mind to question and seek to improve themselves-and society- whilst respecting law and authority.
- Understand tolerance and respect both for themselves and others around them.
- Understand what a healthy lifestyle means in terms of diet and exercise.
- Start to recognise the rights and responsibilities of all citizens.
- Value and respect belongings in the environment.

There are many cross-curricular links in PSHE with strong links to all subject areas.

Of the many experiences we provide for pupils, the *forest school* experience is one of the most exciting. This provides pupils with the opportunity to understand about managed risk and investigative learning in particular.

Another interesting and most enjoyable experience is the Post CE programme for the Year 8 leavers in their final term where there are cultural, social and spiritual opportunities for our pupils before they leave to embark on Senior School education.

Regular visitors from a variety of professions and organisations speak to the pupils about safety, cultural differences and spiritual development amongst other things. This takes place in assembly slots and during collapsed timetable time.

This is a snapshot only of what we offer in PSHE but we hope it gives a flavour of the many different and varied experiences of the PSHE syllabus. **A long term plan detailing the topics covered can be viewed in a separate document in the school's website Policies & Procedures section.**

Staff and particularly our form tutors and class teachers in Years 3 and 4 are constantly aware of the aims of the PSHE curriculum as they relate to children each day and therefore the teaching is ongoing in many respects through daily events. For example, time will always be given by staff after conflict events and lunchtimes. Specific times for PSHE include show and tell times, form period on a Thursday and planned assemblies undertaken by the Head, the Deputy, the local vicar and the pupils themselves. PSHE is linked to other curriculum subjects where appropriate. These include a variety of activities e.g. group discussions, circle times, dance, drama and visiting workshops.

The content of the PSHE delivered is based on the National Curriculum guidelines for Key Stages 1 and 2, S.E.A.L and county guidelines along with a clear understanding of specific pupil requirements as gauged by a strong pastoral team.

Reviewed January 2010